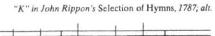
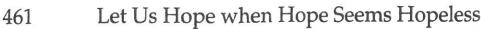
How Firm a Foundation

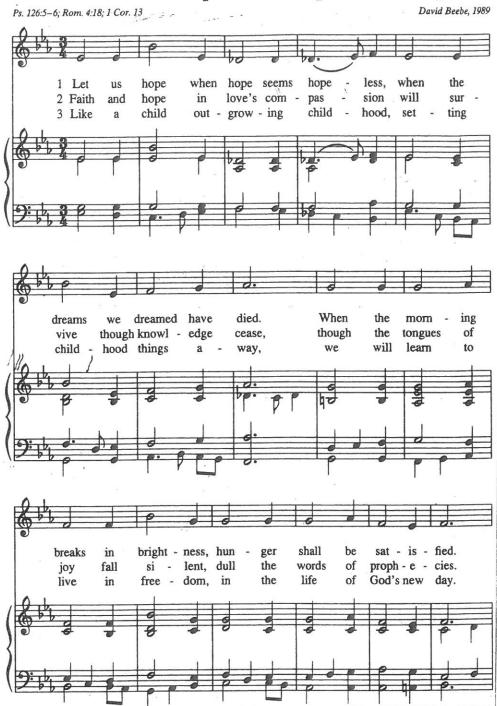




In 1787, John Rippon, English Baptist clergyman, identified the author of this hymn as "K"; no one has yet verified a complete name. The pentatonic melody has been known by several names since it first appeared in Funk's Genuine Church Music (1832).

Tune: FOUNDATION 11.11.11.11. Early United States melody from Funk's Genuine Church Music, 1832 Alternate tune: ADESTE FIDELES





Emma Lou Diemer, organist since the age of thirteen, studied composition at Yale University and Eastman School of Music, and has published orchestra, chamber, choral, and organ works. David Beebe wrote this text while teaching a course on creative writing. A minister of the United Church of Christ, Beebe has served on the staff of the denomination's Stewardship Council.

Tune: LET US HOPE 8.7.8.7.D.

Emma Lou Diemer, 1994

Alternate tune: HYFRYDOL





497

African-American traditional; alt.

Heb. 12:1-15



Yes, my God.



Yes, my God.



This stanza may be added following stanza 1: Wheel with me while I run this race . . .

The words and music of some African-American spirituals have been widely adapted during the twentieth century, especially in the civil rights movement of the 1960s. The alternate words were suggested by a fifth-grade church school class to include those who must "run this race" in a wheelchair. Tune: GUIDE MY FEET 8.8.8.10.
African-American traditional
Arr. Joyce Finch Johnson, 1992